

Debriefing REHAB - Sharing

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Discussion rules

Spirit of **sharing** and **listening**

Invite timid people to **express** themselves

Ask talkative people to **let others talk** too

All **mistakes** are **learning** opportunities

No personal attacks

criticism to be formulated **positively**

focus on what can be done **better next time**.

Debriefing questions

1. What **were** your **feelings** during the activity? (excited, frustrated, happy, angry, achievement, belonging, ...)
2. What are one or two **differences** between REHAB & reality?
3. What **strategies** did you use? Here are some that maybe you used:
 1. Maximizer: Went to cells with **high** biomass
 2. Lone Rider: **Avoided** cells with **high** biomass
 3. Explorer: Went to a **variety** of cell types
 4. Poacher: Went to cells **protected** by the Ranger
 5. Other:
4. Which strategies seemed to be the most **successful**
 1. for **you**, your clan, &
 2. for **sustainability** of your community
5. If you were to **change** the **model** in REHAB, what one thing would you change? Why?
6. In what ways could you **use** this sort of activity in your **own work**? How would you have to **adapt** it?
7. Other comments?